

# Intensive Workshop

AT Gashar Science Center



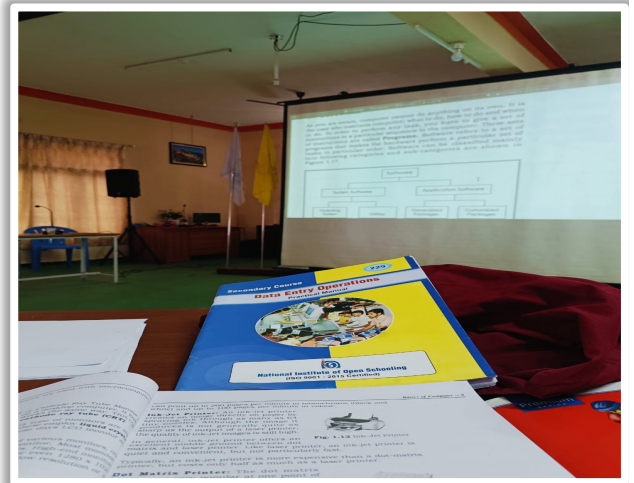
Over the past month, Gashar Science Center has conducted an enriching and intensive NIOS workshop for our monks, structured to maximize their learning in a comprehensive manner. Each day comprised a total of 6 hours of instruction and engagement. This included 1 hour and 15 minutes of focused lectures on diverse subjects such as Science and Technology, Psychology, Social Science, and Data Entry. These lectures were designed to provide a thorough understanding and practical insights into each field.



Following the lectures, participants dedicated 45 minutes to self-study or group discussions, allowing them to process and debate the concepts covered. This was complemented by an hour of presentations, during which the monks had the opportunity to present their insights and reflections, further reinforcing their knowledge.

## *Psychology*

The remaining time was utilized for additional activities and interactive sessions that supported their learning journey. The structured approach of daily 6-hour sessions fostered an environment of active learning and collaboration. The commitment of the monks, along with the expertise of the instructors, made this workshop a profoundly impactful experience, equipping them with valuable knowledge and skills for their continued growth and development.



## *Data Entry*

Thank you.